

Nationwide Poison Control

Call: 1-800-222-1222

Note to parents or guardians: The best poison control is prevention. Be sure harmful household products such as pesticides, cleaning supplies, vitamins, medications, and the like are secure and out of reach of children. With your child, practice the steps below for seeking help should a poisoning occur.

The nationwide Poison Control number is 1-800-222-1222. Place this number by each phone in your home. Role play a call with your child. You play the role of Poison Control, asking the questions below. Help your child answer them (sample answers are in parentheses).

- 1.** What is the name of the product the victim was exposed to? (*Vitamins.*)
- 2.** Was the product swallowed, inhaled, or is it on the skin? (*Swallowed.*)
- 3.** How much was the victim exposed to? (*Whole bottle; lots of pills.*)
- 4.** What are the current symptoms? (*Throwing up.*)
- 5.** What is the victim's age and weight? (*4 years old; 35 pounds.*)
- 6.** Does the victim have any medical conditions? (*Yes, asthma.*)
- 7.** What number may we call you back at? (*Home number with area code.*)

Call 9-1-1 if the victim stops breathing or collapses or you are otherwise very concerned.