

Investigate Your Own Vaccination and Disease Record



Name: _____

Due date: _____

Instructions: Ask your parent or guardian to show you your record. Work together to answer the following questions as best as you can.

1. Where have you received your vaccines in the past?

2. Were any of them skipped? _____ If so, why?

3a. When was the last time your parent or guardian asked or checked to see that your vaccines were up-to-date (approximately)? _____

3b. How did he or she find out this information? _____

4a. When are you due for another vaccine (approximately)?

4b. Which one(s)? _____

5. To the best of your knowledge, is everyone in your family up-to-date on their vaccines? _____

Optional: Visit www.cdc.gov/nip/acip or www.immunize.org for more information about vaccines, recommended schedules, and other related resources.