

Risky Situations: Alcohol, Tobacco, and Other Drug Abuse Prevention

Name: _____

Instructions: Read about each situation. Answer the questions after each situation, making careful, health-promoting decisions.

Situation 1

On the way home from school, you run into an old friend. You two were best buddies in first grade. After hellos and high-fives, your friend says, “Hey, let’s go smoke a cigarette for old time’s sake.” When you try to refuse, she says, “Come on—it’s so cool. It’ll make you feel a lot older, ol’ buddy!”

List the potential risk or risks to personal safety:

How did you recognize the risk(s)?

What is the best, health-promoting alternative?

Tell what one positive consequence of making the right decision might be.

(continued)

Risky Situations: Alcohol, Tobacco, and Other Drug Abuse Prevention *(continued)*

Situation 2

Your parents were too tired to clean up after their party last night. You are the only one up so far this morning. There are still several cans of beer in the fridge. You have always wanted to see what it tastes like. No one will ever know that you took one to your room to sip. Maybe you should take another one for your best friend, too. You open the fridge door.

List the potential risk or risks to personal safety:

How did you recognize the risk(s)?

What is the best, health-promoting alternative?

Tell what one positive consequence of making the right decision might be.

(continued)

Risky Situations: Alcohol, Tobacco, and Other Drug Abuse Prevention *(continued)*

Situation 3

A classmate takes some medicine for a chronic health condition she has. Today, she tries to sell one of her pills to you at school. It seems that if you do not need this medicine, it gives you a lot of energy—a kind of “high.” You *are* very tired today. Plus, the girl says this will help her make some money to save up for some new skates. At least skating would give her a healthy physical activity. After all, the medicine was prescribed by a doctor. How bad could it be to take just one pill? You hand her the money.

List the potential risk or risks to personal safety:

How did you recognize the risk(s)?

What is the best, health-promoting alternative?

Tell what one positive consequence of making the right decision might be.

(continued)

Risky Situations: Alcohol, Tobacco, and Other Drug Abuse Prevention *(continued)*

Situation 4

Your big brother is supposed to be babysitting you at home this evening. Instead, he tells you he's got a big party to go to. If he doesn't go, he'll lose a lot of great friends. At the party, the first thing that happens is that his friends tease him about bringing a "baby" (you) to the party. Later, you see kids in the corner smoking something—marijuana. The smell is making you feel a little dizzy. One of them spots you and offers you a puff of his "cigarette." You sure don't want to be called a baby again!

List the potential risk or risks to personal safety:

How did you recognize the risk(s)?

What is the best, health-promoting alternative?

Tell what one positive consequence of making the right decision might be.

(continued)

Risky Situations: Alcohol, Tobacco, and Other Drug Abuse Prevention *(continued)*

Situation 5

At recess, you slip into the woods next to the playground, even though you know you're not supposed to. You just want a little time to yourself. An older boy from your school, however, walks up to you. He is chewing something, and brown "juice" is dribbling down his chin. He offers you a small "plug." He says, "It will make you tough, you little twerp!" You hesitate, and he sneers, "If you're too chicken to try this itty bitty piece, I'll tell the teachers that you were in the woods without permission. Then you'll get detention." You hold your hand out.

List the potential risk or risks to personal safety:

How did you recognize the risk(s)?

What is the best, health-promoting alternative?

Tell what one positive consequence of making the right decision might be.
