

## A World of Foods

Dear Parent or Guardian:

Your child is learning about how to make healthy food choices. In connection with this study, our class would like to invite you to visit us to teach us about a family food tradition. This may be an annual celebration, a favorite food, a recipe you learned to make from your parents, or some other related tradition. If possible, we'd like you to also tell us where the food or tradition started in the world and why.

Our special sharing day will be \_\_\_\_\_ (date), \_\_\_\_\_ (time). Please fill out and return the slip below if you would like to participate. I'd also be happy to arrange an alternative date, if necessary.

Sincerely,

\_\_\_\_\_ Yes, I'd like to share a food or tradition with my child's class. Brief description: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ No, I cannot come to the event, but I will send a favorite written recipe (samples optional) with my child for him or her to share with the class.

\_\_\_\_\_ I'd like to come, but I need an alternate date. Some dates and times that might work for me include:

\_\_\_\_\_

\_\_\_\_\_  
**Parent or Guardian Signature**